



Dr. N.G.P. ARTS AND SCIENCE COLLEGE

(An Autonomous Institution, Affiliated to Bharathiar University, Coimbatore)
Approved by Government of Tamil Nadu and Accredited by NAAC with 'A' Grade (2nd Cycle)
Dr. N.G.P. – Kalapatti Road, Coimbatore-641048, Tamil Nadu, India
Web: www.drngpasc.ac.in | Email: info@drngpasc.ac.in | Phone: +91-422-2369100

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7.1.1. GENDER BASED ACTIVITIES FOR THE ACADEMIC YEAR 2017-18

The following are the Gender Based activities organized during the Academic Year 2017-18:

S. No.	Date	Event Type/ Organized By	Name and Designation of the Resource person	Topic	Venue	Beneficiary
1	21.06.2017	Centre for Value Education	Staffs of Dr. NGPASC	Yoga for a healthy life - Celebration of International Yoga Day	NGP Conference Center	500
2	22.06.2017 - 27.06.2017	Student Induction Programme	Mr.R.Krishna Raj Assistant Professor Department of B&I Dr. NGPASC	Importance of Attitude Inculcating Human Values in the Young minds	Dr. NGPASC	2575
3	01.08.2017	Extension Activity	Department of FSN	Extension World Breast Feeding Week (August 1- 8).	Sub-urban health centre, Peelamedu Coimbatore.	20
4	02.08.2017	Extension Activity/ Department of FSN	Dr.S.Umamehesh wari	Importance of nutrition during pregnant and lactating mothers.	Kambar Aaragam, Dr.N.G.P Arts and Science college.	30
5	02.08.2017	Extension Activity/ Department of	Ms.Vani of I B.SC FSN and Ms.Parameswari,	Exercises during the period of		





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		FSN	of III B.SC CT	pregnancy and lactation for mothers.		
6	07.08.2017	Extension Activity / Department of FSN	Students of FSN	Awareness for the pregnant and lactating mothers with the help of audio-visual aids.	ICDS, Raakipalaya m	20
7	08.08.2017	Extension Activity / Department of FSN	Students of FSN	Food Expo 2017	Nutrition lab	40
8	16.08.2017 to 18.08.2017	Extension Activity / Department of FSN	Students of FSN	Health Camp-2017	Seminar hall -II & Nutrition lab	30
9	19.09.2017	Guest Lecture/ Women's Cell	Rtn.Vinod Krishnan Kutty Dist.Governor RID 3201	Premarital Guidance Program	NGP Conference Centre	200
10	11.02.2018	Extension Activity / Department of FSN	Food Science and Nutrition Students	Awareness on Importance of Iron and Folic Acid Rich Foods among Pregnant and Lactating Mothers.	Kovilpalaya m	100
11	12.02.2018	Extension Activity/ Department of FSN	Food Science and Nutrition Students	Creating awareness among	Vilankurich	100





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				<u>Mothers and School Children</u>		
12	13.02.2018	Extension Activity/ Department of FSN	Food Science and Nutrition Students	<u>Awareness on Importance of Iron and Folic Acid Rich Foods among Pregnant and Lactating Mothers.</u>	Saravanampatti	100
13	14.02.2018	Guest Lecture/ Women's Cell	Swami Harivratana JI Secretary, TAT kala Nilayam Ramakrishna Mission Vidhyalaya ,Coimbatore	<u>Women! You are Noble - Sesquicentennial celebration of Sister Nivedita</u>	West Seminar Hall, Dr. N.G.P IT	100
14	08.03.2018	Guest Lecture / Women's Cell	Mrs.Lalitha Prakash Executive Director, K'sirs International School	<u>Lecture on 'Students role in building a better place to live in'</u>	Kambar Arangam	100





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REPORT ON INTERNATIONAL YOGA DAY

DATE: 21.06.2017

PLACE: NGP Conference Centre

The theme of the 2018 International Yoga Day is “Yoga for Peace” The session started with prayer and yoga chant. Event started with warm up practices followed by asanas. Different asanas were instructed based on the guidelines given by the Ministry. Health benefits of early rising and yoga practice was discussed. Around 500 participants gathered for the event. The event was organized in the NGP Conference center.

Different asanas were instructed based on the guidelines given by the Ministry. Health benefits of early rising and yoga practice was discussed. Around 500 participants gathered for the event. The event was organized in the NGP Conference center. The programme was jointly organized by Center for Value Education, Physical Education and NSS.



International Yoga day





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STUDENT INDUCTION PROGRAMME

DATE: 22.06.2017-27.06.2017

TOPIC: Importance of Attitude Inculcating Human Values in the Young minds

Student Induction Programme was initiated on the first day of students stepping into the college. It was a six day programme that would furnish all the necessary information to acclimatize naturally with the institution. A circular for conducting the induction programme unanimously was circulated to all the departments. Each department models a timetable comprising the schedule of the induction programme in pursuance of instructions manifested by the University Grants Commission. The phases to conduct the programme were also rendered according to each department's feasibility and resources available.



Mr. Krishnaraj, Assistant Professor of B.Com B&I validates the importance of the topic "Human Values in the young minds" during the orientation programme 2017-2018.





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REPORT ON WORLD BREAST FEEDING WEEK

DATE: 01.08.2017

PLACE: Dr. N.G.P. Arts and Science College

TOPIC: World Breast Feeding Week (August 1-8)

I M.SC students gave awareness for the pregnant and lactating mothers with the help of audio-visual aids collaborated with inner wheel womens club, Coimbatore on **01/08/2017**.

OBJECTIVE

To create awareness for the pregnant and lactating mothers about the importance of breast milk.



Ms.Vani of I B.SC FSN and Ms.Parameswari, of III B.SC CT gave a demonstration of specific exercises during the period of pregnancy and lactation for mothers to all I M.SC female students of all disciplines on 02/08/2017.





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STUDENT ATTENDANCE

ROLL NO	STUDENT NAME
172FN001	AISHWARYA.T
172FN002	AKHIL.K.M
172FN004	ATHIRA.DEVI
172FN005	DEEPSHURTHI.R
172FN006	DHARANI.M
172FN007	FAMEEDA.P
172FN008	GADHA
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DEPARTMENT OF AND NUTRITION AND DIETETICS FEED BACK FORM

NAME : Aishwarya T
DATE : 01/08/2017

FEEDBACK OF THE PROGRAMME

This helps to gain knowledge
& to prevent some malnutrition


SIGNATURE





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REPORT ON IMPORTANCE OF NUTRITION DURING PREGNANT AND LACTATING MOTHERS

DATE: 02/08/2017

PLACE: Dr.N.G.P.Arts and Science College

TOPIC: World Breast Feeding Week (August 1-8)

In House lecture by Dr.S.Umamaheswari about the importance of nutrition during pregnant and lactating mothers

OBJECTIVE To create awareness among the student community about the significance of breast feeding.





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DEPARTMENT OF AND NUTRITION AND DIETETICS FEED BACK FORM

NAME : kavisneha.P

DATE : 02/08/2017

FEEDBACK OF THE PROGRAMME

This programme gave the knowledge and awareness about pregnant and lactating mother which was very helpful to know about it.

kavisneha.P
SIGNATURE





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REPORT ON DEMONSTRATION OF SPECIFIC EXERCISES DURING THE PERIOD OF PREGNANCY AND LACTATION FOR MOTHERS

DATE: 02/08/2017

PLACE: Dr.N.G.P.Arts and Science College

TOPIC : World Breast Feeding Week (August 1-8)

Ms.Vani of I B.SC FSN and Ms.Parameswari, of III B.SC CT gave an demonstration of specific exercises during the period of pregnancy and lactation for mothers to all I M.SC female students of all disciplines on **02/08/2017**

OBJECTIVE

To create an awareness for the female students about the importance of physiological changes occurs in pregnancy and lactation and how to get accustomed with that changes emotionally.





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Email: drnpgarts@kmcch.ac.in | Web : www.drnpgasc.ac.in

DEPARTMENT OF NUTRITION AND DIETETICS

CERTIFICATE

This is to certify that Mr./Ms **AISHWARYA.T** student of **NUTRITION AND DIETETICS** has participated in **AWARNESS ON PREGNANT AND LACTATING MOTHERS** held on **01.08.2017** at Dr.N.G.

Dr.D. Sridevi
Head of the Department

Principal





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DEPARTMENT OF AND NUTRITION AND DIETETICS FEED BACK FORM

NAME : *Shilpa.S*
DATE : *2/8/2017*

FEEDBACK OF THE PROGRAMME

The organized program gives us a valuable education & knowledge based on the importance of exercise during pregnancy. The session as a female was much informational and useful.

Shilpa.S
SIGNATURE





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REPORT AWARENESS FOR THE PREGNANT AND LACTATING MOTHERS WITH THE HELP OF AUDIO-VISUAL AIDS

DATE: 07/08/2017

PLACE: Dr.N.G.P.Arts and Science College

TOPIC: World Breast Feeding Week (August 1-8)

I M.SC students gave awareness for the pregnant and lactating mothers with the help of audio-visual aids collaborated with ICDS Centre, Raakipalayam on **07/08/2017**.

OBJECTIVE

To create awareness for the public pregnant and lactating mothers about the importance of breast milk by organizing a rally I M.SC students gave awareness for the pregnant and lactating mothers with the help of audio-visual aids collaborated with ICDS centre, Raakipalayam on **07/08/2017**



Awareness for the public pregnant and lactating mothers





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DEPARTMENT OF NUTRITION AND DIETETICS

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This is to certify that Mr./Ms. **AISHWARYA.T** student of **NUTRITION AND DIETETICS** has participated in **AWARNNESS ON PREGNANT AND LACTATING MOTHERS** held on **01.08.2017** at **Dr.N.G.P.ASC**

Dr.D. Sridevi
Head of the Department

Principal





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DEPARTMENT OF AND NUTRITION AND DIETETICS FEED BACK FORM

NAME : Jarsi
DATE : 07/08/2017

FEEDBACK OF THE PROGRAMME

The organized program about the awareness for the pregnant & lactating mothers with the help of audio Visual aids. collaborated with ICDS senter It was organized by Palkipalayam by 1st Msc food & nutrition students it was very useful & informative.

Jarsi

SIGNATURE





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REPORT ON FOOD EXPO-2017

DATE: 08/08/2017

PLACE: Dr. N.G.P. Arts and Science College

TOPIC : World Breast Feeding Week (August 1-8)

Food expo-2017 was organized to create an awareness on working pregnant and lactating mothers of Dr. N.G.P Arts and Science College on **08/08/2017**

OBJECTIVE

To create awareness for the pregnant and lactating mothers about the importance of breast milk.



Food expo-2017 was organized to create Awareness on working pregnant and lactating mothers of Dr. N.G.P Arts and Science College on 08/08/2017





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Food expo-2017 was organized to create Awareness on working pregnant and lactating mothers of Dr. N.G.P Arts and Science College on 08/08/2017





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ATTENDANCE

ROLL NO	STUDENT NAME
172FN001	AISHWARYA.T
172FN002	AKHIL K.M
172FN004	ATHIRA DEVI
172FN005	DEEPSHURTHI.R
172FN006	DHARANI.M
172FN007	FAMEEDA.P
172FN008	GADHA
172FN009	GINTA JOLLY
172FN010	GOWTHAM.K
172FN011	HABIL HUSSAIN
172FN012	IRENA PAUL
172FN013	JAMES ALBUQUERQUE
172FN014	JANSIJ
172FN015	JESSY
172FN016	JINAT MATHEW
172FN017	KAVISNEHA.P
172FN018	KEERTHANASRI.S
172FN019	MADHUMETHA.C
172FN020	MARUTHI KRITHIKA.K
172FN021	MOUNISHA.V
172FN022	MUTHU LAKSHMI.N
172FN023	NEERA RAJAN.U
172FN024	REKHA SHREE.K
172FN025	SHILPA.S
172FN026	R.SINDHUJA
172FN027	SOWNDHARYA.G
172FN028	SREEJA.D
172FN029	THOLKAPPIYAN.K
172FN030	TINTO THOMAS
172FN031	ABINAYA.M
172FN032	DELFIY A.D
172FN034	R.RAJALAKSHMI
172FN035	SUFAIRATH V.K
172FN036	PAVITHRA.G





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CERTIFICATE



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Email: drngparts@kmch.ac.in | Web : www.drngpasc.ac.in

DEPARTMENT OF NUTRITION AND DIETETICS

CERTIFICATE

This is to certify that Mr/Ms **AISHWARYA T** student of **NUTRITION AND DIETETICS** has participated in **FOOD EXPO ON GALACTOGOGUE FOODS** held on **08.08.2017** at Dr.N.G.P ASC

Dr. D. Sridevi
Head of the Department

Principal





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FEEDBACK FORM



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DEPARTMENT OF AND NUTRITION AND DIETETICS FEED BACK FORM

NAME : R. Rajalakshmi
DATE : 8/8/2017

FEEDBACK OF THE PROGRAMME

Due to this program, the galactagogue rich food, its uses, its benefit for lactating are known.


SIGNATURE



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		<p align="center">Criterion VII Metric 7.1.1</p>

REPORT ON HEALTH CAMP

DATE: 16/08/2017

PLACE: Dr. N.G.P. Arts and Science College

TOPIC: Health Camp-2017

Health Camp-2017 was organized by department of Nutrition and Dietetics and Department of Biochemistry at Dr. N.G.P College of arts and science. The health camp was conducted to assess the nutritional status of the first year students of all disciplines from our college. The student volunteers of nutrition and dietetics assessed anthropometric parameters especially Body mass index and given nutritional counseling to maintain their health status after assessing hemoglobin with the help of Biochemistry student volunteers on 16/8/2017, 17/8/2017 & 18/8/2017

Event Outcome:

- Health Camp-2017 was organized by department of Nutrition and Dietetics and Department of Biochemistry at Dr. N.G.P College of arts and science.
- The health camp was conducted to assess the nutritional status of the first year students of all disciplines from our college.



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DEPARTMENT OF AND NUTRITION AND DIETETICS FEED BACK FORM

NAME : Lalitha. M
DATE : 17/8/2014 & 18/8/2014

FEEDBACK OF THE PROGRAMME

The Organised program a valuable education and knowledge based on the health.
The session was very useful


SIGNATURE





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REPORT ON PRE-MARITAL GUIDANCE

DATE: 19/09/2017

PLACE: Dr.N.G.P.Arts and Science College

TOPIC: Pre-Marital Guidance

Centre for Women Development organized a program on Pre Marital Guidance at NGP Conference centre on September 19, 2017. Rtn.Vinod Krishnan Kutty, Dist.Governor ID 3201 was the chief guest of the day. The convener for Centre for Women Development welcomed the gathering. The guest counseled the students on premarital guidance to have a strong and long relationship in their life. The session was an eye opener for the students as they got many inputs towards their life. Girls Students of II year Under Graduate programs attended the program and they interacted with the chief guests.



Rtn.Vinod Krishnan Kutty, Dist.Governor, Pre Marital Guidance, September 19, 2017.





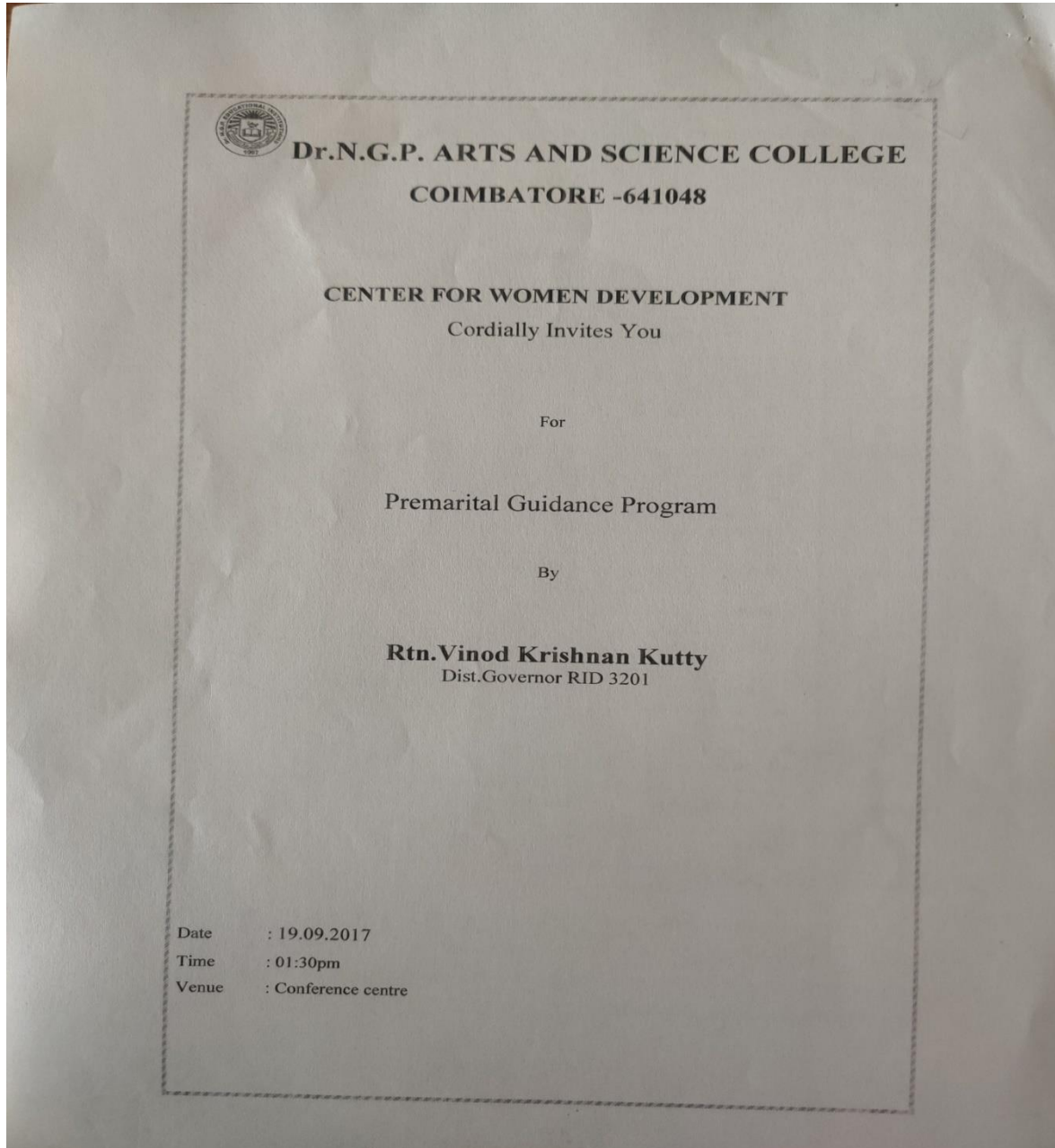
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REPORT ON IMPORTANCE OF IRON AND FOLIC ACID RICH FOODS AMONG PREGNANT AND LACTATING MOTHERS.

DATE: 11.02.18

PLACE: Kovilpalayam

TOPIC: Awareness on Importance of Iron and Folic Acid Rich Foods among Pregnant and Lactating Mothers.

The Extension activity was carried out to create awareness on importance of iron and folic acid rich foods among pregnant and lactating mothers was organized under DBT star scheme with UG students of the Department of Nutrition and Dietetics using teaching and educational tools such as pamphlets and charts with the support, guidance and help of Dr.D.Sridevi.



Awareness on Importance of Iron and Folic Acid Rich Foods among Pregnant and Lactating Mothers





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REPORT ON MOTHERS & SCHOOL CHILDREN

DATE: 12.02.18 (C)

PLACE: Vilankurichi

TOPIC: Create awareness among the mothers & school children.

The extension activity was conducted in Vilankurichi under DBT Star College Scheme. The students of II B.Sc. Food Science and Nutrition have actively participated to create awareness among the people about nutritious foods and balanced diets among school children.

With help of the faculty members Dr.S.UmaMaheswari, the students gave the diet counseling to the adolescents, pregnant and lactating mothers. On encompassing nutritious diets, nutritious balls were distributed to the children as refreshments and the role of vital nutrients were explained to them

OBJECTIVE

The objective of this program is to learn about the nutritious foods and balanced diets among school children



Glimpse at the extension activity at school





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Glimpse at the extension activity at school





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REPORT ON IMPORTANCE OF IRON AND FOLIC ACID RICH FOODS AMONG PREGNANT AND LACTATING MOTHERS.

DATE: 13.02.18

PLACE: Saravanampatti

TOPIC: Awareness on Importance of Iron and Folic Acid Rich Foods among Pregnant and Lactating Mothers.

The students of II and III B.SC Food Science and Nutrition student's under DBT star scheme have been involved in disseminating the need for balanced diet, galactagogue foods and iron rich nutritious foods for pregnant and lactating mothers. Nutritious food recipes prepared by our DBT nutrition students such as jams with breads were distributed as refreshments for the mothers and children by our students at the end of the activity

OBJECTIVE

The objective of this program to educate the formulation of galactagogue food for lactating mother.





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Formulated Galactogogue foods



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		<p align="center">Criterion VII Metric 7.1.1</p>

REPORT ON WOMEN! YOU ARE NOBLE

DATE: 14.02.18

PLACE: Dr. NGP Arts and Science College.

TOPIC: Women! You are Noble Sesquicentennial Celebration of Sister Niveditha.

Centre for Women Development organized a program on Women! You are Noble at West Seminar hall, NGP IT on February 14, 2018. Swami. Hrivratanandha Ji, Secretary, TAT kala Nilaya, Ramkarishna Mission Vidhyalaya, Coimbatore was the chief guest of the day. The convenor for Centre for Women Development welcomed the gathering. The guest delivered a lecture on the value of women in the family and in her importance in the society in the present scenario. Girls Students of Under Graduate programs attended the program and they interacted with the chief guests. Dr.M.Shanthini Devi proposed the vote of thanks.



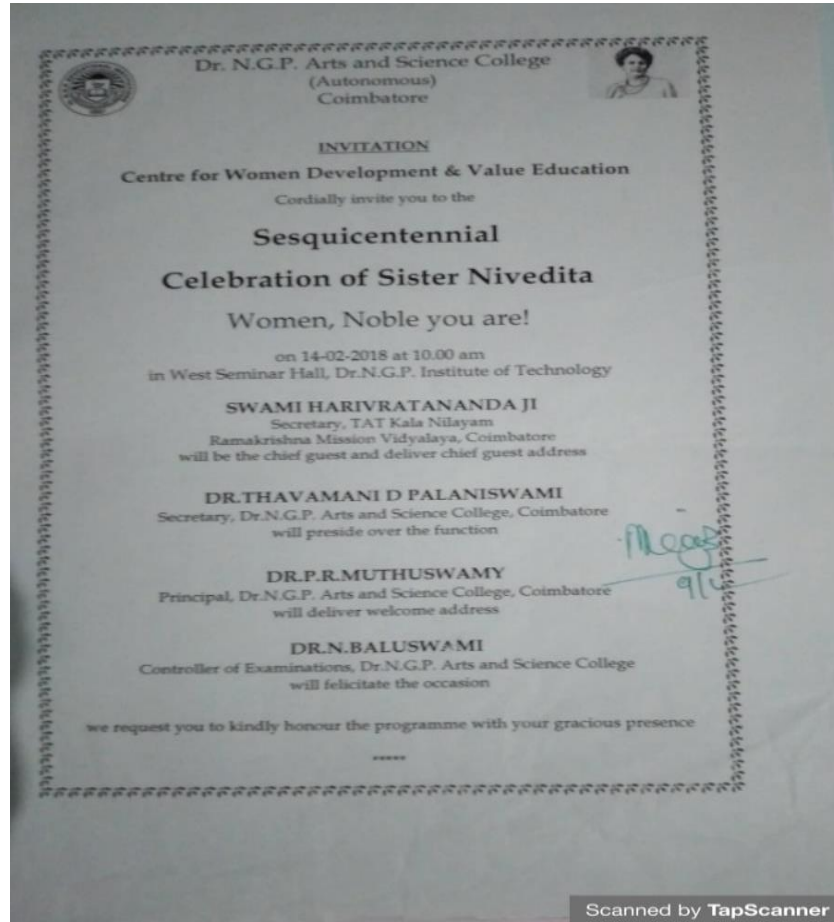
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STUDENT ATTENDENCE

S.NO.	Reg No.	NAME
1	171ND046	RoobaNandhini.K
2	171ND058	Sujitha.V
3	171ND064	VimalAravind.B
4	171ND066	Yamuna.S
5	181ND011	Deepa.R
6	181ND028	KaviBharathi.I
7	181ND044	Ragavi.G
8	181ND047	Sabitha.S
9	191FN007	Apurva.P
10	191FN022	KaveePriya.C.N.
11	191FN044	Sindhu.R
12	191FN050	Sri Rahavi.V



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		<p align="center">Criterion VII Metric 7.1.1</p>

REPORT ON WOMEN'S DAY CELEBRATION

DATE: 08.03.2018

PLACE: Dr. NGP Arts and Science College.

TOPIC: Students role in building a better place to live.

Centre for Women Development organized a program on Students role in building a better place to live in at Kambar Arangam on March 08, 2018. Mrs.Lalitha Prakash, executive Director, K'sirs International School, Coimbatore was the chief guest of the day. The convener for Centre for Women Development welcomed the gathering. The guest delivered a lecture on the value of students in the society and how they make them more productive in the society. Girls Students of first year Under Graduate programs attended the program and they interacted with the chief guests. Dr.M.Shanthini Devi proposed the vote of thanks



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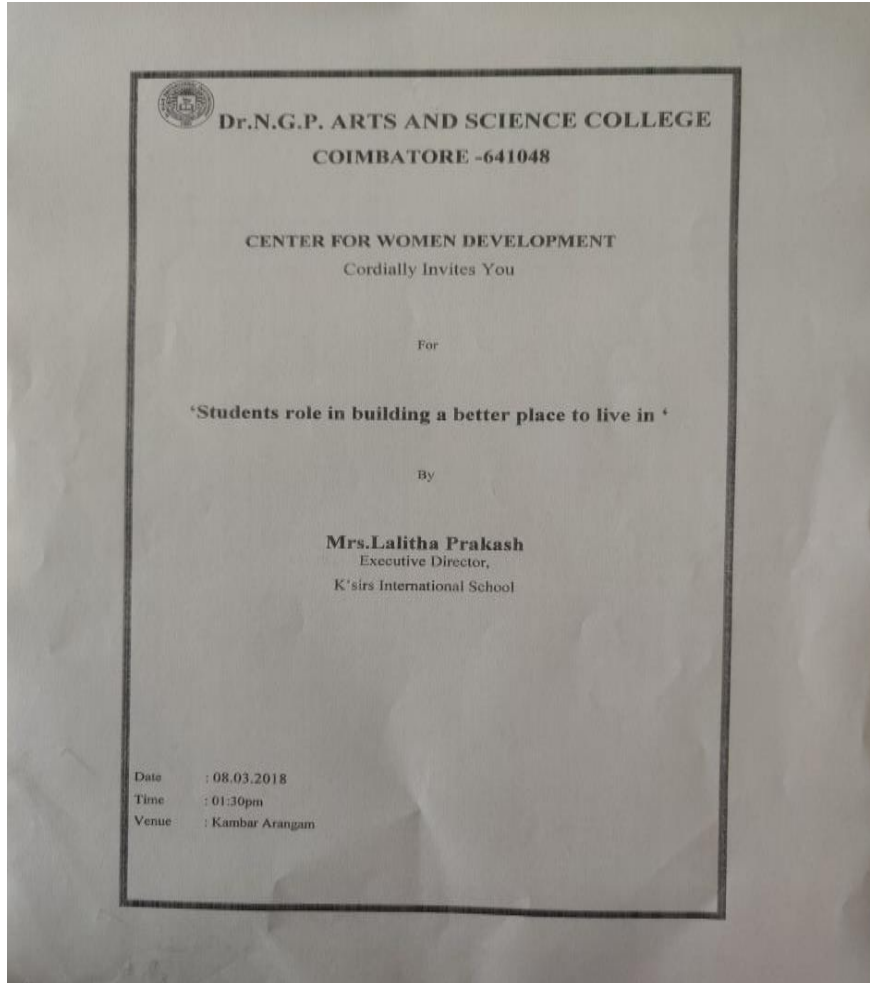
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Student's interaction with the chief guests

